

# Why Should I Be Bound?

*Musings on a Journey with God*

## Book Description

**Why Should I Be Bound? Musings on a Journey with God** is a 30-day devotional written to remind the reader that trials, struggles, and even doubt are a part of our human condition. We are not alone and with God's promises, we do not have to be bound by life's distractions.

Each daily reading contains seven (7) components that provide the reader with an opportunity to realize life's challenges paired with the comfort of God's Word. An additional element includes original poetry strategically placed throughout the devotional, which expresses praise, worship, and an emotional connection to the Scripture. Integrated with personal experiences, this devotional reminds readers that life is universal – we all have visible and invisible scars. Yet, God's grace and mercy is far-reaching and accessible to each of us.

## Frequently Asked Questions

1. **How long have you been writing? Have you always written devotionals?**

*I have written short poems and little stories since elementary school. My devotional writing began around 2011 and it has truly been a walk with God.*

2. **What is different about your devotional than others?**

*I think the more unique characteristics of my devotional are the hymn references and the original poetry.*

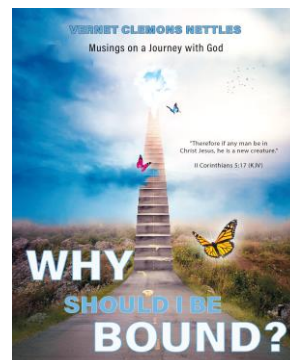
3. **What is your favorite element of your devotional?**

*The scripture included in the text.*

## Vernet Clemons Nettles, EdD

is a parent, educator, and poet. Currently, she resides in Montgomery, AL. She has served in various capacities of church service, including Youth Department advisor, Sunday school and Bible Study teacher, and Director of Christian Education. While working on her devotional, she has spent the last three years sharing daily prayers on her website *Another Day's Journey* - [www.vcndailypray.com](http://www.vcndailypray.com). The scriptures and prayers focus on spiritual growth and connecting with God.

Professionally, Dr. Nettles works in the Montgomery Public Schools System and as an adjunct English Instructor for a local university. Having worked in education since 1990, she has focused her career on facilitating services for students considered underserved and less likely to succeed.



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