

Why Should I Be Bound?

Musings on a Journey with God



Vernet Clemons Nettles, EdD

About The Author

Vernet Clemons Nettles, Ed.D. is a parent, educator, and poet. Born in Mobile, AL, she currently resides in Montgomery, AL. Dr. Nettles has served in various capacities of church service, including Youth Department advisor, Sunday school and Bible Study teacher, and Director of Christian Education. While working on her devotional, she has spent the last three years sharing daily prayers on her website *Another Day's Journey* - www.vcndailypray.com. The scriptures and prayers focus on spiritual growth and connecting with God. Dr. Nettles also takes Biblical Studies courses through Samford University's Ministry Training Institute.



Professionally, Dr. Nettles works in the Montgomery Public Schools System and as an adjunct instructor for a local university. Having worked in education since 1990, she has focused her career on facilitating services for students considered underserved and less likely to succeed.

Dr. Nettles has allowed her life lessons – her hills and valleys – to shape her Christian walk. Over the years, Dr. Nettles has often said that despite all, life is wonderful and that she “lives in the overflow, in the saucer of life.” She hopes to inspire others to trust, believe, and grow in God’s grace through the sharing of her devotion and her poetry.

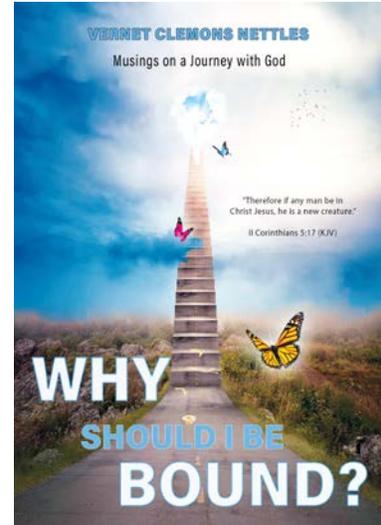


Book Description & Information:

Why Should I Be Bound? Musings on a Journey with God is a 30-day devotional written to remind the reader that trials, struggles, and even doubt are a part of our human condition. We are not alone and with God's promises, we do not have to be bound by life's distractions.

Each daily reading contains seven (7) components that provide the reader with an opportunity to realize life's challenges paired with the comfort of God's Word. These components include:

- background scripture
- key verse
- a hymn
- the devotional text
- a prayer
- scripture text
- space to journal your reflections or prayers



An additional element includes original poetry strategically placed throughout the devotional, which expresses praise, worship, and an emotional connection to the Scripture. Integrated with personal experiences, this devotional reminds readers that life is universal – we all have visible and invisible scars. Yet, God's grace and mercy is far-reaching and accessible to each of us.

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TITLE
Why Should I Be Bound?
SUBTITLE
Musings on a Journey with
God
ISBN
978-1-54563-459-2
PUBLICATION DATE
October 27, 2018
PRICE
\$15.99
GENRE
REL022000 RELIGION -
Devotional

OCC019000 BODY, MIND &
SPIRIT – Inspiration &
Personal Growth
PAGE COUNT
234
TRIM
5.5" x 8.5"
BINDING
Perfect Bound
PUBLISHER
Xulon Press
WHOLESALE ORDERS
Available through
ingrambook.com and many
major wholesaler

ePUB ISBN
9781545634608
PRICE
\$7.99
PUBLICATION DATE
December 12, 2018
SOLD BY
Amazon Digital Services LLC
(Kindle)
Barnes and Noble
(Nook)

FAQ

1. Where are you from? Where do you live now?

I was born in Mobile, AL and graduated from John Shaw High School. I attended Xavier University of Louisiana and majored in Education. I worked in the Mobile County Public School System until I moved to Montgomery, AL. Over the course of my career, I have acquired leadership degrees from the University of South Alabama and my doctorate from Nova Southeastern University. Currently, I work in the Montgomery Public School System.

2. How long have you been writing? Have you always written devotionals?

I have written short poems and little stories since elementary school. I still remember taking Creative Writing class in the summer community programs. I used to know where copies of my Cinquains were packed away. Much of my writing is inspirational or personal life poetry. I began writing what morphed into devotionals around 2011. Writing devotionals have truly been a walk with and toward God and his grace.

3. What is different about your devotional than others?

I think unique characteristics of my devotional are the hymn references and the original poetry. Hymns were such a large part of my life growing up and I wanted to share my foundation in this book. Sharing my original poems is my first step to creating my very own book of poetry.

4. What is your favorite element of your devotional?

My favorite element of my devotional is the scripture included in the text. As I researched and studied devotionals in preparation for mine; I usually had to have my Bible with me to get the complete feeling of the devotional text. Sometimes, I would read my devotionals at work and didn't have my bible. I wanted my readers to be able to explore the scripture while reading the devotional in one setting.

5. Have you always wanted to be in education?

I have wanted to be a teacher since elementary school. My first-grade teacher and my childhood Sunday school youth director have been my lifelong inspirations. My first-grade teacher bought my book and told me how proud of me she is. I have worked in several roles in education, including English and Reading teacher, Federal Programs Specialist and Director, Logistics Director, and Personnel Evaluation Specialist. I have even served as a Sunday School and Youth Bible Study teacher, as well.

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www.xulonpress.com/bookstore
www.barnesandnoble.com